

Finishing Touches

Eye lash Permanent 35 min	25 €
Eye lash Tint 25 min	25 €
Eye Brow Tint 20 min	15 €
Eye Brow Shape 25 min	10 €
Brow & Lash Tint 40 min	30 €
Eye Brow Tint & Shape 40 min	20 €

Waxing

for her

Lips or Chin 20 min	8 €
Eyebrow 20 min	10 €
Forearm 20 min	15 €
Bikini Line or Underarm 30 min	15 €
Half Leg or Full Arm 30 min	25 €
Half Leg & Bikini Line 45 min	30 €
Full Leg for 45 min	41 €
Full Leg & Bikini Line 60 min	46 €

for him

Complete Spa Waxing 120 min	61 €
Underarm 30 min	20 €
Full Leg 55 min	46 €
Arms 30 min	30 €
Chest 40 min	30 €
Half Chest 30 min	20 €
Back 40 min	30 €
Half Back 30 min	20 €
Sideburns 10 min	10 €

Bowen Therapy 45 min

45 €

FITNESS

Personal Training

Physical Evaluation	30 €
Personal Training Package 01 2 x Week	371 €
Personal Training Package 02 3 x Week	487 €
Personal Training Package 03 4 x Week	557 €
Personal Training Package 04 5 x week	580 €
Personal Training Package 05 10 sessions	522 €
Personal Training 1 session 30 min	41 €
Personal Training 1 Session 60 min	58 €

Physical evaluation is included on the personal packages

Tennis Courts

Owners / Visitors

Courts	7 € / 9 €
Rackets	3 € / 5 €
Balls	€ 2 / € 3
Individual Lessons (60 min per person)	€ 26 / € 29
Group Lessons (60 min per Group)	10 - € 16 / € 12 - € 17

The material is included and provided by the coach.

Tennis School (60 min)

1x a week	22 €
2x a week	28 €
3x a week	35 €
4x a week	45 €
5x a week	60 €
Single Class	12 €

Football Pitch

Owners / Visitors

60 min - 46 € / 65 €	90 min - 58 € / 81 €
----------------------	----------------------

Mark McCarrick Soccer School

3 day coaching course	
Certificate & Group Photo	
Presentation Evening (Buffet additional fee)	
Course fee	90 €

Children & Babies Swimming Lessons

1 Lesson 30 min	15 €
-----------------	------

On the purchase of 10 lessons we offer you 1 lesson

Private Swimming Lessons (45 min)

2 x Week	139 €
3 x Week	186 €
4 x Week	244 €
5 x Week	267 €
10 Sessions	162 €
1 Session	23 €

Other Classes

Aquaerobics 2x a week	24 €
Pilates & Yoga Single Class	15 €
Pilates & Yoga Pack 10 sessions	112 €
Pilates & Yoga Single Class for health club members	7 €

GOLF AND FITNESS MEMBERS, PROPERTY OWNERS AND RESORT GUESTS HAVE 20% DISCOUNT PERSONAL TRAINING AND SWIMMING LESSONS

For further information and/or bookings please call +351 282 790 930 or email us at health.club@boavistagolf.com